

## What DT PRO<sup>®</sup> can do for You...



In today's heightened awareness we need additional training methods to protect ourselves, our loved ones, and our citizens. DT PRO is designed to meet these modern day self-defense concerns.

DT PRO is designed to fulfill individual goals as well as all law enforcement objectives, airline industry needs, security company demands and can be applied to any forum—including present day anti-terrorism concerns.

DT PRO was designed as a result of years of law enforcement training in defensive tactics, extensive martial arts practice and Special Tactical Response Team training.

DT PRO's unique lesson plans have been developed to help participants retain the techniques learned— techniques that are control / compliant-based and basic enough to be applied by anyone.



## What you can learn from DT PRO<sup>®</sup>



The DT PRO program consists of the following components:

- Learn to identify vulnerable areas of the body for impact that will control an attacker and defuse the attack.
- Learn how to use personal weapons effectively through simple drills.
- Learn how to defend against chokes, bear hugs, head locks, and maintain balance. Through drills learn proper movement to maintain control.
- Learn to apply effective come-alongs for easy control in conflict resolutions scenarios.
- Learn applications that can be used in airplanes, schools, bars, on the street or in areas of need.
- Learn take down techniques that are simple and effective.
- Learn self defense procedures against a ground attack, weapon disarming and retention.
- Learn restraining procedures to include NEW handcuff / restraining techniques for optimal control.
- Learn how to take break falls for personal protection through simple drills.

## About the Chief Instructor Tim Vazquez



DT PRO founder, Tim Vazquez, has over 20 years of law enforcement experience and is retired as a State Investigator for New Jersey.

Some of his extensive law enforcement expertise includes:

Former lead DT instructor for a credited NJ State law enforcement training academy and author of the DT lesson plan currently in use.

Certified Police Academy Instructor by the NJ Police Training Commission since 1992.

Certified Federal Bureau of Investigation Defensive Tactics Instructor since 1993.

Instructor of Special Tactical Response Teams and member on two separate teams holding position of point man.

Former member of NJ State Street Gang Unit and a qualified Hispanic Street Gang Expert in Superior Court.

Recipient of NJ General Assembly Resolutions and U.S. Congressional Recognition for outstanding law enforcement investigations.

Over 25 years of martial arts experience. Full time practitioner of a traditional Japanese martial art. Instructor and administrator of a martial arts training facility.

For more information on private and group lessons, seminars or instructor certification courses contact Tim Vazquez at:  
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